

## Views from the Terrace

### DEAR RESIDENTS of the TERRACE:

As we read the details of the COVID-19 pandemic, we tend to be concerned at how it could spread all over the world in such a short time. We cannot imagine that since last March, this dreaded disease has caused over 5,900 deaths in Ontario, and a total of 19,500 deaths in all of Canada.

In an effort to bring this virus under control, Premier Ford has declared firm stay at home rules. The no visiting and no visitors instructions hardly leave any questions.

We respect E.T. management's efforts to help contain the spreading of the COVID outbreak here in the building by stating that all of us should limit the times that we leave our suites to as few as possible. We are to avoid visiting with other residents. We have been instructed to always keep a distance of 6 feet or 2 metres away from those people we do not live with. This is especially important to remember when we use the elevators. There are to be no more than two passengers in one elevator at a time. I am sure that all of us are in the habit of washing our hands every time we exit and enter our suite. It also makes perfect sense to limit the number of personal support workers who come to E.T. to help those residents who need help, so that they can continue to live independently for as long as possible. It is also a wise decision of management to stipulate that Personal Care Workers must sign in and out as they come to help those residents who need their services. By now, all of us are used to the fact that we must always put on our face mask before we leave our suite, even for small tasks, such as picking up our mail or taking out our garbage.

But instead of looking at all our present restrictions, let us also count our blessings of our present, restricted situation. We are retired; we do not have to go to work or be in the office on time five days a week, and we do not have to be in the company of customers or co-workers all day long.

*Self-isolating* could lead to loneliness, but it also protects us from being exposed to people who have been exposed to COVID. They may have the virus in its early stages, but although they do not have the symptoms, they can already pass it on to others.

In times like these we are assured that we are not alone. God is with us always. We find real encouragement in the words of **2 Timothy 1:7** (NKJV)

For God has not given us the spirit of fear,  
but of power and of love and of a sound mind.

- BL



## HAPPY VALENTINE'S DAY!!



Wintery hugs to you all!



### WORDS OF WISDOM

by Stephen Grellet (1773 – 1855)

"I shall pass through this world but once.  
Any good, therefore, that I can do  
or any kindness I can show to any human being,  
let me do it now.

Let me not defer it or neglect it,  
for I shall not pass this way again."

### **Notes from the desk of the PROPERTY MANAGER:**

It's hard to believe that a month has passed already. It has been good to experience how well the Evergreen Community works together, even in the Covid-19 situation we find ourselves in. The Ontario government put the province in a state of emergency, telling us to stay home and be extra careful. The Evergreen Board and management suggested certain protocols to follow and it was so good to see how these protocols were embraced by the residents. A special *thank you* goes out to all those who are participating in the daily sanitization of the common areas in the building.

On another note, we were noticing the increased number of ingenious ways of receiving "Meals on Wheels" - from small chairs and tables to upside-down buckets by the doorways. This put a little bit of a negative spin on the safety aspect of our hallways. Borrowing an idea from a wood worker and resident of Evergreen Terrace, we had shelves made and installed by the doors of those that use the "Meals on Wheels" service. This corrects our safety issue and also makes things look neat and uniform. Thanks to Henry Heikoop and Eric Stieva for their work on this project.

As you all know, we at Evergreen Terrace were not immune to the Covid-19 virus. There were a total of five residents who contracted the virus; some felt the affects more than others. Thankfully they are on the way to recovery. Praise God for His mercies. - JV

### **From the LIBRARY Committee:**

Our LIBRARY is still open!

So while you are all limited as to what you can do, you can READ! Our Library in the Willow Room is filled with books, many of which can take you to places you have never been, or introduce you to people who are fun or interesting to meet.

We invite you to make use of our Library.

**READING ENRICHES!**

When selecting books, please make sure that there is only one person in the library area. Please take all the necessary precautions, such as wiping down the log book (used for signing out books) and also the countertop. Just a reminder that when you return books, please do not put them back on the shelf, but instead simply place the books either IN or ON top of the corner cabinet.

**HAPPY READING!**

- PDB & BVH

### **From the WELCOMING Committee:**

A welcome visit was made to our new neighbours, Richard and Sara Blomberg, in Unit 419. We hope you will soon feel at home among us.

- AD & EB

**Welcome into our midst!**

### **FEBRUARY BIRTHDAYS**

5	Bep Batenburg	Serooskerke, ZE, NL	410
5	Audrey Pieters	Halfweg, NH, NL	508
8	Jan Visser	Hamilton, ON, CA	502
16	Agnes Bennink	Leeuwarden, FR, NL	215
17	Rita Klomps	Groningen, GR, NL	319
18	Martha Luth	Utrecht, UT, NL	114
19	Bill Lensink	Borculo, GE, NL	416
20	Eric Stieva	Aalsmeer, NH, NL	409
23	Ed Skursky	Crowland, UK	219
25	Joanne Postma	Zwaagwesteinde, FR, NL	204
25	Jennie Antonides	Sleen, DR, NL	521
28	Shirley Bergshoeff	De Lier, ZH, NL	509

**Happy Birthday!!**

How do we know whether today is Monday or Friday?!

This battery-operated clock has become  
an essential tool (for me)  
to get through the pandemic!



- LT

### **EVERGREEN PHOTO DIRECTORY UPDATE:**

In your Evergreen photo directory, please change the phone number for Unit 216 - Jack and Gertie DeRoos to: **xxx-xxx-xxxx**



## HUMOUR

**"A merry heart doeth good like a medicine."**

**Q:** Do you have a date for Valentine's Day?

**A:** Yes. It's February 14<sup>th</sup>.

- If I had only known in March that it would be my last time in a restaurant, I would have ordered dessert.

- My husband purchased a world map, and then gave me a dart and said: "Throw this, and wherever it lands – that's where I'll be taking you when this pandemic ends." Turns out, we'll be spending two weeks behind the fridge.

- Never in a million years could I have imagined that I would go into a bank, wearing a mask and ask for money.

## UPCOMING EVENT:

### **Valentine's Day CHILI !!**

To celebrate Valentine's Day, we are again offering **FREE** homemade chicken **CHILI** to our neighbours at Evergreen Terrace! No pickup. Instead, we are providing **FREE delivery to your apartment door!**

Here's how to RSVP to receive **FREE CHILI** dinner on **Saturday, February 13<sup>th</sup>:**

- (a) Every apartment will receive a **red tag**, on the evening before the event.
- (b) As soon as you get that **red tag**, hang it on the outside handle of your apartment door.
- (c) When we see the **red tag** on your door handle, we will cheerfully deliver **FREE CHILI** dinner(s) to your apartment door on **Saturday February 13<sup>th</sup>**, from approximately **5:00 to 6:30 pm**.

**CHILI** will be packaged in single serving take-out containers, bagged, and happily delivered to your door!

**Happy Valentine's Day!**

WITH NEIGHBOURLY LOVE



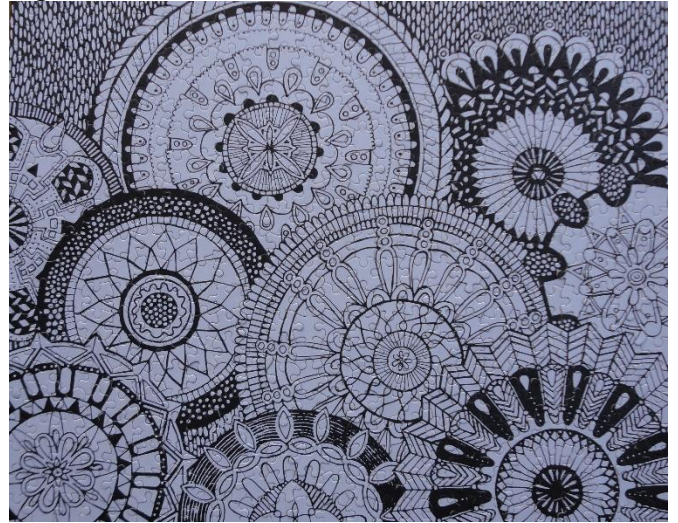
1 Corinthians 16:14 (NKJV)

## From the Puzzle Corner (4<sup>th</sup> Floor):

One of the most unusual jigsaw puzzles that we have done is pictured below. **Figure A** shows the completed puzzle, which was simply a white background with black lines. It was like a page from an adult colouring book, designed to be coloured. **Figure B** shows the puzzle after the colouring was done by one of our creative residents.

- LT

**Figure A:**



**Figure B:**



1 Corinthians 13:13 (NKJV)

*And now abide faith, hope, love, these three;  
but the greatest of these is love.*



Editor: Linda T.