

# Views from the Terrace

## DEAR RESIDENTS of the TERRACE:

Have you ever stopped to think about the enormous changes we have experienced in our lifetime? That applies especially to the ways we communicated with our relatives overseas.

On April 14<sup>th</sup>, 1953, we boarded the MS Rijndam in Rotterdam and arrived in Halifax eight days later. Since we had left all our relatives behind in the Netherlands, it became our routine to write letters to our parents every weekend. Those letters were mailed on Monday mornings. On Fridays, we looked forward to receiving letters from them. That correspondence was maintained until 1977, when the last of our parents passed away.

Back in those days, long-distance telephone calls were out of the question. In 1953, my starting wage at Stelco in Hamilton was \$1.68 per hour. At that time, overseas telephone calls cost \$1.53 per minute. Our priorities were to buy land and to build a house. We simply couldn't afford to make international telephone calls. Therefore, our communications with our parents were hand-written letters. We have kept all those letters in the same order received. Those letters provide an accurate record of their life stories, as they wrote about their thoughts and experiences.

Let us now fast-forward to today's fast-paced lifestyles. Both of our sons have voice-activated cell phones, that they use to dictate letters and reports, which are then typed, e-mailed, recorded, and filed on their office computers.

But there is one timeless communication system which does not ever change, which never gives us a *busy signal*, and which does not put us *on hold*. This line is available 24 hours per day, 7 days per week. We may come to our Heavenly Father at any time, with all our pains and hurts, and with our concerns about our loved ones, and our friends and neighbours.

In **Matthew 6: 9-13**, Jesus taught us **how** to pray. He gave us the *Lord's prayer*, which is a guide for our relationship with God. That prayer shows us how to relate to Him in worship, and how we can depend on Him for every aspect of our lives. In fact, every heartbeat and every breath are His gifts to us.

What hasn't changed over the years, is that we can always communicate with our Lord in prayer.

- BL

## CIVIC HOLIDAY

Monday, August 2<sup>nd</sup>, 2021

## Notes from the desk of the PROPERTY MANAGER:

### COVID-19

During this month, we moved into Stage Three of the provincial re-opening plan. This meant that we were able to have visitors again. What a relief, even if there are some restrictions.

### BVN Dutch Channel

Much to the dismay of some of our residents, the Dutch Channel is no longer available. There were changes made at BVN, and they are no longer broadcasting on the satellite which our system picks up. I am sure you can probably pick up some of the Dutch videos on YouTube.

### New Residents

Bob and Trudy de Haan moved into Suite 111 on Wednesday July 21<sup>st</sup>, 2021. Welcome, Bob and Trudy! I hope that you will soon feel at home here in Evergreen Terrace.

- JV

## WORDS of WISDOM

THIS TOO, SHALL PASS.

When things are bad, remember:

It won't always be this way.

Take one day at a time.

When things are good, remember:

It won't always be this way.

Enjoy every great moment.



Orders from the Province of Ontario:

### Roadmap to Safely Reopen the Province

Roadmap to Reopen is a cautious three-step plan that will guide a safe and gradual reopening of the province and the lifting of public health measures based on the province-wide vaccination rate and improvements in key public health indicators.

Ontario entered Step One on June 11<sup>th</sup>, 2021.

Ontario entered Step Two on June 30<sup>th</sup>, 2021.

### Ontario entered Step Three on July 16<sup>th</sup>, 2021.

Public health and workplace safety measures continue to apply across all steps, including maintaining physical distance, capacity limits and wearing face coverings in indoor spaces and wherever physical distancing is a challenge.

Safety measures and other restrictions are still in place.

#### Step Three includes:

- Indoor social gatherings and organized public events up to 25 people;
- Outdoor gatherings up to 100 people;
- Indoor fitness classes and personal training permitted with restrictions;
- Outdoor and indoor dining permitted with physical distancing and other restrictions still in effect;
- Indoor religious services, rites or ceremony gatherings permitted with physical distancing;

### STAY WELL. STAY SAFE.

**NOTE:** The above information is from the Province of Ontario, presented by the Residents' Council of Evergreen Terrace.

#### ON THE MOVE

Some of our neighbours have recently moved:

Cor Langendoen

- from Evergreen #201 to Shalom Manor – July 7<sup>th</sup>

John Wybenga

- from Evergreen #503 to Shalom Gardens – July 9<sup>th</sup>

*You will be missed!*

#### From RESIDENTS' COUNCIL:

We appreciate that Ina Spekkers has taken on the role of administering the Memorial Fund.

We are still in need of a volunteer photographer. Training will be provided, if needed. Thank you for giving some consideration to helping us out!

- LT

#### SOCIAL ACTIVITIES Committee:

COVID restrictions are slowly being lifted and we are going back to a more normal life. The Social Activities Committee has had a long holiday, and is looking forward to more action. Some outdoor events are coming up! Please watch the bulletin boards for further information.

The gazebo and the BBQ have been frequently used this summer for small outdoor gatherings. As a reminder, we urge everyone to not dispose of leftover food, paper plates, or pizza boxes into the outdoor trash bin. Please dispose of anything with food or food smells into the garbage chute inside the building. We have to avoid attracting rodents (mice and rats) into the gazebo to feast on the leftovers of our meals. Your cooperation is greatly appreciated.

Have a great summer!

- AP

#### AUGUST BIRTHDAYS

5	Henry Heikoop	Tricht, GE, NL	301
9	Eve Baartse	Heemse, OV, NL	106
12	Reinhard Mech	Gronau, GERMANY	101
13	Reg Adams	St Catharines, ON, CA	203
17	Marian Visser	Oakville, ON, CA	502
19	Trudy Terpstra	Groningen, GR, NL	520
21	Maynard Smid	Mussel, GR, NL	420
23	Peter Biesheuvel	Aalsmeer, NH, NL	511
31	(Bill Bennink)	Ruinerwold, DR, NL	215

### Happy Birthday!!

#### LAUGHTER

*"A merry heart doeth good like a medicine."*

Advice to older people:

Do not sit on the floor without a plan on how to get back up.



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