

Views from the Terrace

DEAR RESIDENTS of the TERRACE:

I am sure that we all agree that time flies for us as seniors. We ask ourselves where this past year has gone so quickly.

Let us confess that as seniors our days are indeed shorter. We do not get up at 6:00 a.m. anymore so that we can be at work by 7:00 a.m. Another privilege we have now is to enjoy a snooze after lunch. Just walk the hallways after lunch and notice how quiet Evergreen is at that time.

That reminds me of a funny situation at Stelco. Several of our technicians loved to take a snooze during their lunch time. I would go upstairs after lunch to see if the technicians had woken up in time and were back at work. I was not allowed to state that they were caught sleeping, but only that I found them in a horizontal position, with their eyes closed and breathing slowly. *“Do not jump to conclusions”*, the union steward said to defend the one(s) who overslept.

Allow me to mention another very interesting aspect of living at Evergreen. Most of us came to live here as retirees. It is our custom to read about someone's life story after they have passed away, and we learn that every person has their own unique story. I find it fascinating to hear the stories about why they came to live in the Niagara Peninsula. It is a fact that many of the greenhouses in this region were built by Dutch immigrants.

I will never forget the privilege I had that I could work at Stelco and get the job that any one of those brave Canadian soldiers (who gave his life to liberate us from the Nazi's during WW2) would have had if they had come back alive. We learned that fact when we visited the Holten Canadian War Museum in the Netherlands, and we found the Hamilton Light Infantry section. How important it is to pledge that: *“We will remember them”*, since very few of those brave Canadian soldiers are still alive today.

The respect and gratitude for all the sacrifices of those brave soldiers have formed strong bonds of unity between the liberators and the liberated. Those bonds are being maintained as Dutch school children help to keep up the graves of fallen Canadian soldiers and they are taught to keep those ties strong. We recall what an enormous endeavour that liberation was. And we rejoice in our freedom.

– B.L.

VALENTINE'S DAY!

Tuesday, February 14th, 2023



UPCOMING EVENT:

Valentine's Day CHILI !!

To celebrate Valentine's Day, we are again offering **FREE** homemade chicken **CHILI** to our neighbours at Evergreen Terrace!

Come to the **Willow Room** to pick up your **FREE CHILI dinner** on **Saturday February 11th** from **5:00 to 6:00 pm**

CHILI will be packaged in single serving take-out containers, bagged, and ready to take home **OR** enjoy your **CHILI** dinner with your neighbours at tables set up in the Willow Room!

Happy Valentine's Day!

WITH NEIGHBOURLY LOVE

Provided by Marian and Jan Visser (Suite 502), Linda T. (Suite 402), and Audrey Pieters (Suite 508).
If needed, we will happily deliver to your apartment.
For delivery, please call us at xxx-xxx-xxxx.



1 Corinthians 16:14 (NKJV)

**Notes from the desk of the
PROPERTY MANAGER:**

Residents

We give a hearty welcome to Peter and Evelyn Spyker, who moved into Suite #309 on January 14, 2023. We hope and pray that you will feel welcome at Evergreen Terrace, and that you will soon fit into the Christian community here.

Thank You

As you may or may not know, I spent a few days in hospital in January. It turned out I had a blood infection and a case of cellulitis. This was treated aggressively with high doses of antibiotics, and at the time of this writing, things are moving in a positive direction. Thank you for all your prayers and well wishes, which were greatly appreciated.

Winter Weather

With winter weather, including cold and snow, upon us, please be careful when going outside. Dress warmly and watch your step, as it can get slippery out on the parking lot, and it makes driving treacherous and challenging. So again, be careful out there.

- J.V.

LAUGHTER

"A merry heart doeth good like a medicine."

The Joys of Aging:

I have become quite a frivolous old gal. I'm seeing five different gentlemen every day. As soon as I awake, *Will Power* helps me out of bed. When he leaves, I go see *John*. Then *Charley Horse* comes along and when he is here, he takes a lot of my attention. When he leaves, *Arthur Ritis* shows up and stays the rest of the day. He doesn't like to stay in one place very long, so he takes me from joint to joint. After such a busy day, I'm really tired and ready to go to bed with *Ben Gay*. What a day!

LADIES' GUILD:

The Ladies' Guild meets every Thursday afternoon, from 2:00 to 3:30 pm in the Willow Room. Bring your knitting or crocheting projects, and join us for a cup of coffee or tea. All are welcome!

- L.T.

RESIDENTS' COUNCIL:

We appreciate and thank the Decorating committee for their artistic talents in creating beautiful new floral arrangements for our front lobby area.

- L.T.

EXERCISE IS VERY GOOD FOR YOU!!

Would you like to try Fitness 4 All? Kaley (our physiotherapy leader) has places available in different time slots.

If you are interested, please talk to Kaley.

If you are already enrolled, but not attending anymore, PLEASE let Kaley know.

Fitness 4 All is provided in the Willow Room on Mondays, Wednesdays, and Fridays at 9:00, 9:45, 10:30, and 11:15 am.

Join us! It's FUN!

- A.P.



FEBRUARY BIRTHDAYS

5	Bep Batenburg	Serooskerke, ZE, NL	410
5	Audrey Pieters	Halfweg, NH, NL	508
8	Jan Visser	Hamilton, ON, CA	502
10	Shirley Hulleman	Chatham, ON, CA	102
16	Agnes Bennink	Leeuwarden, FR, NL	215
18	Martha Luth	Utrecht, UT, NL	114
19	Bill Lensink	Borculo, GE, NL	416
20	Eric Stieva	Aalsmeer, NH, NL	409
23	Ed Skursky	Crowland, UK	219
25	Jennie Antonides	Sleen, DR, NL	521
28	Bonnie Buma	Oldeholtwolde, FR, NL	111
28	Shirley Bergshoeff	De Lier, ZH, NL	509

Happy Birthday!!

TRANSPORTATION committee:



Our volunteer drivers provide rides for our residents at the following rates: (a) \$6 in town, (b) 40 cents per km out of town, (c) parking charges extra.

To make arrangements for a ride, contact Henk Heersink at xxx-xxx-xxxx as much in advance as possible.

RESIDENTS' COUNCIL:

Note that this presentation has been rescheduled:

Niagara Elder Abuse Prevention Network
in partnership with Crime Stoppers of Niagara
presents:

BE AWARE... TAKE CARE

A Safety Guide for our Community

In this presentation, you will:

- Learn about Frauds & Scams and how to protect yourself
- Receive a free copy of the booklet:
"Be Aware...Take Care"

Upcoming Presentation:

Place: Evergreen Terrace in the Willow Room

Date: Wednesday, February 15th, 2023

Time: 2:30 pm

Hope to see you there!

- L.T.

NEW NEIGHBOURS!

In January:

Peter and Evelyn Spyker – Suite 309
(H) xxx-xxx-xxxx

We welcome you into our midst!



ON THE MOVE

In January:

Gerry Wikkerink
- from Evergreen #319 to Albright Manor

You will be missed!



MOVIE NIGHT

We hope to show another movie on Friday, February 24th at 7:00 p.m. Valentine's Day is celebrated this month; therefore, we may choose a movie with a romantic theme.

Be on the lookout for the poster on the bulletin boards, which will give you the details a few days before the show.
- B.VH.

EVERGREEN PHOTO DIRECTORY

(updates)

After the last page of this newsletter, there is an attachment with an update for your Evergreen photo directory. Please cut out and insert into your photo directory.

WORDS of WISDOM

Telling people that you love them
is good theology.

Showing people that you love them
is what transforms the world.

- Jim Palmer



Love is an action verb.



Editor: Linda T.