

Views from the Terrace

DEAR RESIDENTS of the TERRACE:

The month of February has arrived and we are about halfway through the winter season. Some of us look forward to leaving at this time of the year, and heading south to spend time basking in the sun.

February, however, is not to be frowned upon. This month boasts several special days, such as:

- Groundhog Day - February 2nd
- National Soup Day - February 4th
- National Don't Cry Over Spilled Milk Day - February 11th
(Promotes a positive attitude even when things might not be going your way.)
- **Valentine's Day** - February 14th
(A day NOT to be missed!)

February is often experienced as the snowiest month of the winter season, with bitter winds and freezing temperatures.

But let's not despair or become pessimistic, for all seasons have their purpose. Rain or drought, summer or winter, snow or freezing temperatures - all come with a purpose which reminds us that God is Sovereign in all He does! Let us remember that.

There remains one day in February which leaves many puzzled. Why does February 29th appear only once every four years??

(Read **FUN FACTS about February 29th** below.)

Enjoy the days of February! Everything in life is a gift from God when received in thankfulness.

- H.DV.

FUN FACTS about February 29th

February 29th is a leap day, which is an extra day added to create leap years in the Julian and Gregorian calendars. In the Gregorian calendar (the standard civil calendar used by most of the world), February 29th is added in each year that is a multiple of 4, except for years evenly divisible by 100, except that years divisible by 400 can be leap years.

2024 is a leap year because: $2024 \div 4 = 506$

Because **2024** is evenly divisible by 4, therefore **2024** is a leap year!
- L.T.

VALENTINE'S DAY!

Wednesday, February 14th, 2024



UPCOMING EVENT:

Valentine's Day CHILI !!

To celebrate Valentine's Day, we are again offering **FREE** homemade chicken **CHILI** to our neighbours at Evergreen Terrace!

Come to the **WILLOW ROOM** to pick up your **FREE CHILI dinner** on **Saturday February 10th** from **5:00 to 6:00 pm**

CHILI will be packaged in single serving take-out containers, bagged, and ready to take home
OR enjoy your **CHILI** dinner with your neighbours at tables set up in the Willow Room!

For residents of Evergreen only. No guests please.

Happy Valentine's Day!

WITH NEIGHBOURLY LOVE

Provided by Marian and Jan Visser (Suite 502), Linda T. (Suite 402), and Audrey Pieters (Suite 508).

If needed, we will happily deliver to your apartment.

For delivery, please call us at xxx-xxx-xxxx.

Deliveries will be made from 5:30 to 6:00 pm.



1 Corinthians 16:14 (NKJV)

FUN FACTS about February

February wasn't always the second month of the year.

When Numa Pompilius (second king of Rome) reformed the Roman calendar and added February to the calendar in 700 B.C., February was placed at the *end* of the calendar. That's right, January and February were the last months of the year.

200 years later, January and February were moved to the beginning of the calendar.

Then in 46 B.C., Julius Caesar (Roman general) reformed the Roman calendar, and proposed the Julian calendar, which took effect on 1st January 45 B.C.

The Julian calendar was an attempt to align with the **solar year**, but actually gains 11 minutes every solar year.

In 1582, Pope Gregory XIII promulgated a revised calendar, named the Gregorian calendar, to correct the Julian calendar's drift against the solar year. The Gregorian calendar gains just 26 seconds every solar year.

The Gregorian calendar is the standard civil calendar currently used by most of the world, including Canada.

- L.T.



MOVIE NIGHT:

The movie scheduled to be shown on Friday, February 23rd is entitled "**Birdie**". Since it is February, which is the month of Valentine's Day, the movie is a love story of sorts, in a very strange way. It also deals with forgiveness, and how difficult that can be to do.

Come and see the movie. It's worth it!

- B.VH.

TRANSPORTATION committee:



Our volunteer drivers provide rides for our residents at the following rates: (a) \$6 in town, (b) 40 cents per km out of town, (c) parking charges extra.

To make arrangements for a ride, contact Henk Heersink at xxx-xxx-xxxx *as much in advance as possible*.

- H.H.

EXERCISE IS GOOD FOR YOU!!

Would you like to try Fitness 4 All?

Because restrictions have now been lifted, Kaley (our physiotherapy leader) has places available in different time slots.

If you are interested, please talk to Kaley.

Fitness 4 All is provided in the Willow Room on Mondays, Wednesdays, and Fridays at 9:00, 9:45, 10:30, and 11:15 am.

Choose the time that works for you!

- L.T.



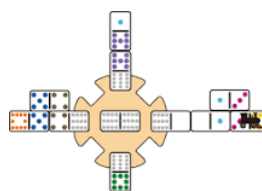
GAMES NIGHT!

Games Night happens every Monday evening at 7:00 pm in the Willow Room. Bring your favorite game(s) or choose from the games provided in the Willow Room, including **Dominoes, Mexican Train, Scrabble, Jenga, Dutch shuffleboard** (aka Sjoelbak), **cards, jigsaw puzzles, and more!!** Just show up, and play games with whoever else shows up!

DOOR PRIZES! And FUN!

Come join us!

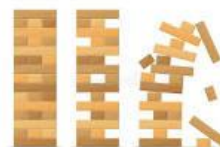
- L.T.



Mexican Train



Jigsaw Puzzles



Jenga



Dutch Shuffleboard (aka Sjoelbak)

**Notes from the desk of the
PROPERTY MANAGER:**

Residents

We bid farewell to Annie Boeckestyn and Bertha Vermeer. They have both decided to move to Shalom Gardens where they can receive the added care that they need and still have some independence. We will miss them both and wish them God's blessing as they start another chapter in their lives.

We haven't seen a lot of winter this season yet, and let's hope the trend continues. Hope everyone has a blessed February!
- J.V.

GAMES Committee:

Games Night has been a happening event every Monday evening. Lots of FUN and laughter!

In order to keep this fun event going strong, Residents' Council has formed a **Games Committee**, with co-leaders Audrey Pieters (508) and Linda Termorshuizen (402). And we are looking for a few cheerful volunteers to assist us in facilitating Games Night on Monday evenings.

We hope you'll join us to keep the fun going!

- L.T.



LADIES' GUILD:

The Ladies' Guild meets every Thursday afternoon, from 2:00 to 3:30 pm in the Willow Room. Join us for a cup of tea or coffee.

Yarn is available for anyone who wants to make items for donation to charity. Please see Maria Smedes (507) or Grace Stieva (409) to obtain yarn from the yarn closet.

- L.T.

911 EMERGENCY

When calling 911:
Remember that these emergency services
(fire and ambulance)
have access to a *master key*
which will *open any door* in the building.

BLOOMING!

Kudos to Shirley Bergshoeff for revitalizing this Christmas cactus (in the 5th floor lounge) to colourful beauty!!



(Thanks to all those who sent photos to me!)

- L.T.

LIBRARY Committee:

A dozen books have recently been added to our library (in the Willow Room). A list of those new titles has been posted in the plastic frame on one side of a bookcase.

Background Information about Authors

What books are in Evergreen's library? We are attempting to make you more aware of the variety of books in our library, by highlighting the lives and works of authors. This month, we focus on novelist James Patterson.

James Patterson was born in 1947 in New York. His mother was a teacher and his father was an insurance broker. His family was of Irish descent.

He graduated from college with a B.A. and an M.A., both in English. He published his first novel in 1976. He has written more than 200 novels, of which 114 have been *New York Times* bestsellers.

Our library has six of his novels. If mysteries are your choice of books, it's worth a look.

- B.VH.



ON THE MOVE

In January:

Annie Boekestyn

- from Evergreen #103 to Shalom Gardens

Bertha Vermeer

- from Evergreen #118 to Shalom Gardens

You will both be missed!

IN REMEMBRANCE

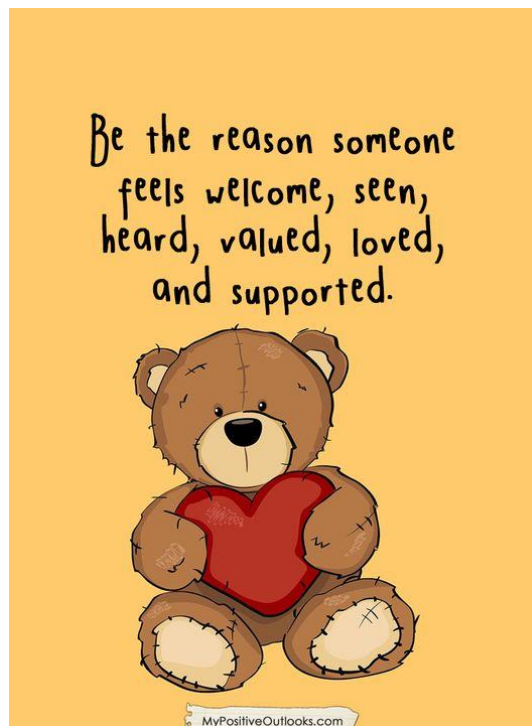
Evelyn Spyker

June 27th, 1941 - January 5th, 2024

Gone from sight, but not forgotten.



WORDS OF WISDOM



FEBRUARY BIRTHDAYS

1	Douwina (Winnie) Hoytema	Anjum, FR, NL	219
4	Barbara Watson	Thorndale, ON, CA	414
5	Audrey Pieters	Halfweg, NH, NL	508
8	Jan Visser	Hamilton, ON, CA	502
10	Shirley Hulleman	Chatham, ON, CA	102
16	Agnes Bennink	Leeuwarden, FR, NL	215
16	Emma Winter	Oldekerk, GR, NL	418
18	Martha Luth	Utrecht, UT, NL	114
19	Bill Lensink	Borculo, GE, NL	416
24	(Gerry Verrips)	Ottoland, ZL, NL	214
25	Jennie Antonides	Sleen, DR, NL	521
28	Bonnie Buma	Oldeholtwolde, FR, NL	111
28	Shirley Bergshoeff	De Lier, ZH, NL	509

Happy Birthday!!

LAUGHTER

"A merry heart doeth good like a medicine."

I heard the more colourful your salad is,
the better it is for you.

So I swapped my croutons for



Love isn't what you say,
Love is what you do.

Love is an action verb.



Editor: Linda T.