

Views from the Terrace

From the EDITOR to my dear neighbours

Many of us enjoyed a much-needed change of pace, by taking a break during the summer season.

Taking a break is not a sign of weakness but a spiritual practice that allows us to reconnect with God, reflect on His goodness, and restore our strength. Whether through observing the Sabbath or seeking quiet moments, scripture consistently emphasizes that rest is essential for physical, emotional, and spiritual well-being.

Mark 6:31 (ESV)

³¹ And he said to them, “Come away by yourselves to a desolate place and rest a while.”

DIVERT DAILY

Take frequent breaks throughout the day

WITHDRAW WEEKLY

Take one full day off each week

ABANDON ANNUALLY

Take at least one full week off each year

HEALTH IS BUILT ON RHYTHMS OF REST

After intentional, therapeutic periods of rest, we can return to our life's tasks feeling rejuvenated, and with renewed enthusiasm for the work that our God equips us to do.

Following our summer break, we are now restarting our weekly activities! Check out the attached calendar for all the activities scheduled for September!

Happy September!

— Linda T.

LABOUR DAY

Monday, September 7th 2026



Renewing our Strength

Isaiah 40:31

³¹ But they who wait for the Lord
shall renew their strength;
they shall mount up with wings like eagles;
they shall run and not be weary;
they shall walk and not faint.

The source of strength in any life, must be God. It is only when we are co-workers with him, that we are unconquerable. If we would be strong, and therefore able to resist sin, able to do valiant battle for the truth, able to touch other lives with healing, and uplifting influences - then we must abide in Christ.

It has been told of General Gordon, that each morning, during his time in the Sudan, for about an hour there lay outside his tent a white handkerchief. The whole camp knew what that meant, and looked upon the little signal with the utmost respect; no foot dared to cross the threshold of that tent while the white handkerchief guard lay there. No message, however pressing, was delivered. Matters of life and death must wait until the white signal was taken away. Everybody in the camp knew Gordon was praying and reading the Bible. Sweet is the communion of the spirit, which obtains nearness to God. Powerful is the influence of the soul that hourly longs to draw near to God and drink in the inspiring draughts of his presence.

Source:

Grace Gems – Free and Public Domain
Devotionals by J. R. Miller, 1895

General Charles George Gordon

(28 January 1833 – 26 January 1885)

General Gordon was a British Army officer. He also served as governor-general in the Sudan, where he crushed rebellion and suppressed the slave trade.

He was a devout Christian and never allowed anything to hinder or interrupt his morning hour alone with God. He famously placed a white handkerchief outside his tent every morning, to signal that he was reading the Bible and praying, and no one was to disturb him. The entire camp knew and respected the significance of the white handkerchief, which acted as his “do not disturb” sign.

Notes from the desk of the PROPERTY MANAGER

I can't believe how fast this summer has gone by.

I would like to extend a warm welcome from Evergreen Terrace to John and Renee Teitsma, who moved into Suite 204 in July. And we also welcome Gerry and Johanna Nordeman, who purchased Suite 509. Not sure when their move-in date will be.

The new generator is finally operational and now the two main elevators can be used during a power failure.

Thanks to all the committees who do the behind-the-scenes work to get our activities going again, as we can see from the calendar attached to this newsletter.

Speaking of the newsletter, many thanks to Linda T. (our Editor) for the time, effort, and dedication she has and continues to put into the production of this newsletter. Your efforts do not go unnoticed.

With September starting, we will notice a cooling trend in the weather and summer will give way to autumn.

Wishing you all a blessed September.

- J.V.

FIRE AVERT



(a) Every apartment at Evergreen Terrace is equipped with **Fire Avert**, an automatic stove fire safety device. The **Fire Avert** device is plugged in behind your stove and a smoke alarm is mounted on the wall in your kitchen.

(b) If you are cooking and your smoke alarm goes off for longer than 30 seconds, the **Fire Avert** device will shut off your stove, to prevent a fire.

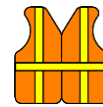
(c) You can prevent your stove from shutting down by immediately turning off the stove and all burners, upon hearing the smoke alarm, to clear the source of the smoke.

(d) In the event that your stove has shut off, simply go to your breaker panel, flip the stove breaker OFF, and then back ON, to reset the stove.

(e) To prevent setting off the smoke alarm when using your stove, toaster, or countertop oven, always use your exhaust fan when doing any kind of cooking.



SAFETY Committee



There will be a meeting of all members of the Safety Committee on **Thursday September 10th** at 10:00 am in the Willow Room.

- S.C.

SPIRITUAL LIFE Committee

Here's the schedule for Bible Studies in September:

Tuesday September 1st – 9:30 am

Reverend Erick Schuringa
(Mountainview CRC)

Tuesday September 22nd – 9:30 am

Reverend Dick Wynia
(Vineyard Canadian Reformed Church)

- L.T.



SPIRITUAL LIFE Committee

We are pleased to announce that we will have a **Hymn Sing** in the Willow Room on **Tuesday September 29th** at 7:00 pm!

Psalms 95:1 (ESV)

Oh come, let us sing to the Lord;
let us make a joyful noise to the rock of our salvation!

Hope to see you there!

- L.T.

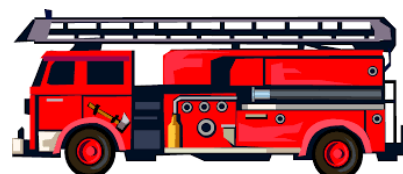


911 EMERGENCY

When calling 911:

**Remember that these emergency services
(fire and ambulance)**

**have access to a *master key*
which will *open any door* in the building.**



LADIES' GUILD

Ladies' Guild meetings will restart on **September 10th** from 2:00 to 3:30 pm in the Willow Room.

Knitters and crocheters are welcome to join us for tea, coffee, and goodies. We are sure that everyone has been busy making projects for charity during the summer, and are ready to bring them along to our first meeting of the 2026-2027 season!

If anyone needs wool, needles, or additional information, please call Olga Dekker or Gertie de Roos.

We look forward to seeing you on September 10th!

- O.D.



SEPTEMBER BIRTHDAYS

2	George Petersen	Nykerk, GL, NL	114
5	Bill Vermeer	De Lie, ZH, NL	504
6	Hans Diek	Den Ham, OV, NL	309
11	Edd Robertson	Welland, ON, CA	117
15	Arie (Art) Bijl	Zeist, UT, NL	208
17	Geoffrey Ellis	Grimsby, ON, CA	303
20	Betty Luchies	Toronto, ON, CA	201
20	Ina Spekkers	Amsterdam, NH, NL	306
22	Jack de Roos	Haula, FR, NL	216
26	Mary Alkema	Rotterdam, ZH, NL	209
29	Tinie DeJager	Sneek, FR, NL	205
29	Kit Rustenburg	Arnhem, GE, NL	311
29	Greta Vandermeulen	Oegstgeest, ZH, NL	316

Happy Birthday to all!!



NEW NEIGHBOURS!

July 30th:

John and Renee Teitsma – Suite 204

XXX-XXX-XXXX

We welcome you into our midst!



- L.T.

TRANSPORTATION and other services

If you are looking for more help with transportation for going to appointments, here are some suggestions. Of course, many of our neighbours are willing to help.

But another option is to contact:

Niagara Region Transit On Demand

at 1-833-678-5463.

They offer door-to-door service for a reasonable fee of \$3.00 for rides within Grimsby. The fee is more for out-of-town rides.

And there is another provider known as:

Happy In My Home

Community Support Services of Niagara.

They can be contacted by calling their local office in Beamsville at 905-563-9501. They provide many helpful services, including transportation, light housekeeping, laundry, and some meal preparation. Some of our residents are already taking advantage of their services.

We hope these services will be helpful for you.

Give them a call.

- R.C.



SAFETY Committee



Important reminders:

- Do not open the front door to strangers.

- To prevent setting off the smoke alarm when using your stove, toaster, or countertop oven, and to keep cooking odours within your apartment, always use your exhaust fan when doing any kind of cooking.

- S.C.

IN REMEMBRANCE

Marilyn Dennis

May 25th, 1937 - August 20th, 2026

Gone from sight, but not forgotten.



- L.T.

CAR WASH

Does your vehicle need to be washed?? Jack de Roos is willing to wash your vehicle on Wednesdays! A free will donation would be appreciated. All monies collected by Jack will be donated to McNally House Hospice.

Car washing includes: vacuuming and dusting the interior, washing and drying the exterior, cleaning exterior car windows, and cleaning tires!

Contact Jack de Roos (216) to make arrangements.
Thank you, Jack, for providing this service for us!

- L.T.



WORDS OF WISDOM

ESCAPE vs. REFRESHMENT

There's a big difference between escape and refreshment. A biblical Sabbath of refreshment points back to work; we rest so that we can become even more engaged in the future, asking God to refresh us in order that we might fulfill His high call on our lives. It's like sharpening the saw – we are doing something besides the direct work we're called to do, because it will help us complete that work even better.

Author – Gary Thomas

Gary Thomas

(born: 24 October 1961)

Gary Thomas is an American evangelical minister, teaching pastor, and adjunct professor. He is the author of twenty published books, and he has appeared regularly on Christian television and radio programs. He also speaks at many large international Christian conferences, and at numerous denominational and church events.

LAUGHTER

“A merry heart doeth good like a medicine.”

Q: What do dogs do when they are taking a break from playing?

A: They press **paws**.

Q: What do you call a bear who is taking a break from social media?

A: Cybernating.

2026 TRILLIUM AWARD!!



Evergreen Terrace has received the 2026 Trillium Award from the Grimsby Garden Club and the Town of Grimsby!! The annual Trillium garden recognition program recognizes the design and maintenance of exceptional gardens.

We applaud our skilled and hard-working Gardening Committee, under the leadership of Harry DeVries. Congratulations!! Kudos to you all!! Well done!! We also appreciate and applaud the gardeners who are not on the committee, but do a lot of work in our gardens! Many hands contributed to this success!

- L.T.



EVERGREEN GARDENING COMMITTEE 2026 Trillium Award

(from left to right)

Seated:

Lynne Elgersma
Audrey Pieters
Dini Post
Nancy Bartels

Standing:

Mike Fennema
Harry DeVries (Coordinator – Gardening Committee)
Jack de Roos

Absent from photo: Maynard Smid

Happy September!



Editor: Linda T. (402)

